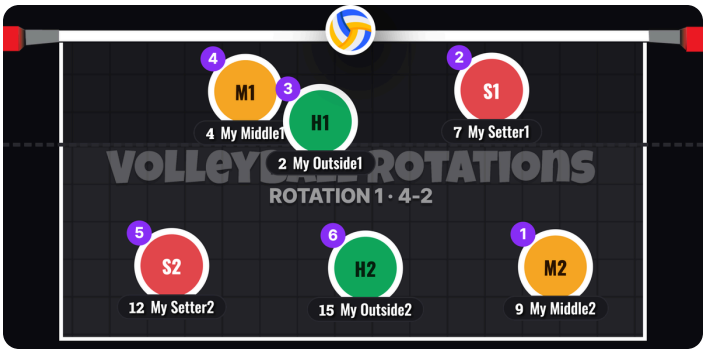
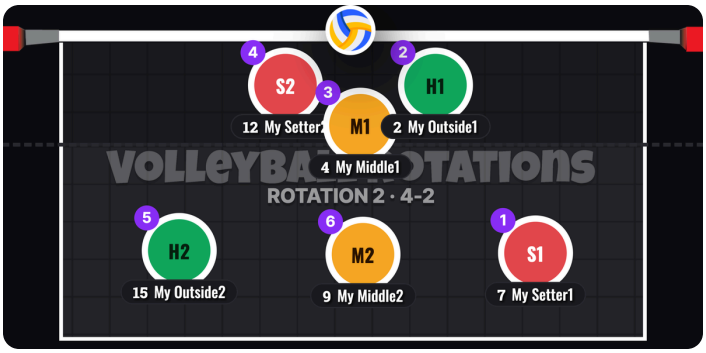
PRINTABLE CHEAT SHEET

4-2 Volleyball Rotations: Serve Receive

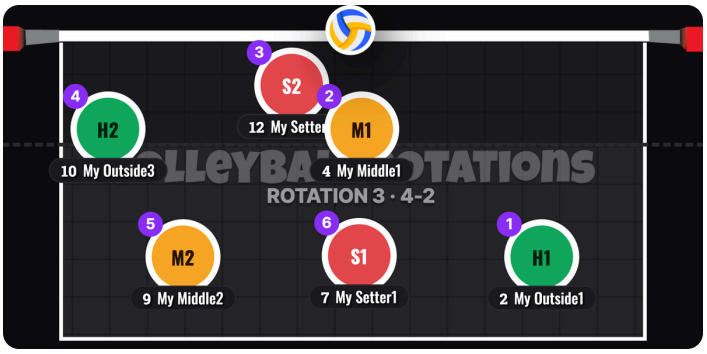
All six serve receive formations of a classic 4-2. A setter is always in the front row, so nobody has to set from the back row.



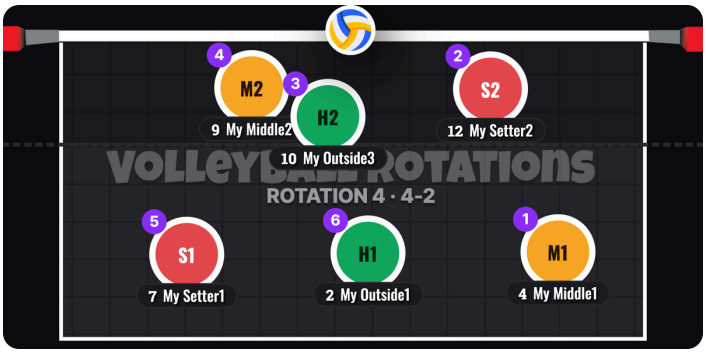
Rotation 1 Setter at the net



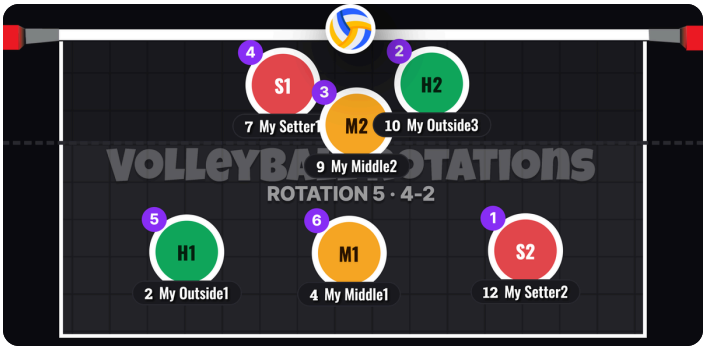
Rotation 2 The setter hand-off



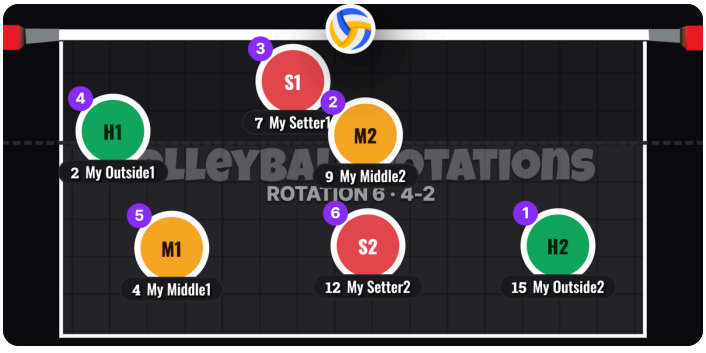
Rotation 3 Setter front and center



Rotation 4 The textbook right-side setter



Rotation 5 S1 is back up top



Rotation 6 Full circle

The patterns to teach

1. **A setter is always in the front row.** S1 runs rotations 5, 6, and 1; S2 runs 2, 3, and 4.
2. **The back three pass, every rotation.** A flat three-person line, the simplest serve receive to teach.
3. **The front setter never passes.** She starts at the net and steps to the setting spot on contact.

Put your own players on the court.
Build this 4-2 with your own roster in the app, then share it with your team.

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